



## FOR MORE INFORMATION

If you are interested in receiving Child First services, visit our website to find the Child First agency in Connecticut closest to where you live:

<http://www.childfirst.org/our-network/state-affiliates>

You can also call or email:

**National Program Office**  
**203-538-5222**  
**[info@childfirst.org](mailto:info@childfirst.org)**

Find more information on the Child First website:  
[www.childfirst.org](http://www.childfirst.org).

## CHILD FIRST AFFILIATE AGENCIES

### Connecticut Network of affiliates:

- Bridgeport Hospital – (203) 384-3298
- Child Guidance Center of Southern CT– (203) 517-3350
- Child Guidance Center of Mid-Fairfield County - (203) 939-9339 x101
- Parent Child Resource Center– (203) 954-0543 x4151
- Middlesex Hospital – (860)358-4069
- United Community & Family Services- (860) 822-4905
- The Village for Families & Children – (860) 236-4511 x3722
- InterCommunity, Inc. – (860) 569-5900 ext. 321
- Family and Children's Aid – (203) 240-7227
- Charlotte Hungerford Hospital – (860) 496-0867
- Wellmore – (203) 575-0466 x1211
- Child Guidance Clinic for Central Connecticut - (203) 235-5767 x 3015
- Wheeler Clinic – (860) 348 2220

[www.childfirst.org](http://www.childfirst.org)

The logo for Child First, featuring the words "child" and "first" in a lowercase, sans-serif font. To the right of the text is a stylized white graphic of a baby's head and neck, with a small blue dot representing the eye.

Child First helps you build strong, loving relationships with your young children to heal and protect them from the many stresses and challenges in their lives.



## CHILD FIRST IS HERE TO HELP!

Child First works with families who:

- Feel overwhelmed by the behavior or emotions of their young children
- Have experienced violence or trauma
- Feel stressed and hopeless
- Need support and services for their child and other family members



## HOW DOES CHILD FIRST WORK?

Our Child First Team works as your partner, listening closely to *understand your goals* and what is important to you, your child, and your family.

We visit with you and your child each week in your *home* or community. We can also work with your child's teacher or child care provider.

Our Team is made of:

- A **Child Development Clinician** who understands children's behavior, development, and learning.
- A **Care Coordinator** who connects families with services and supports (like food, housing, furniture, child care, health care, and job training).

## DO YOU FEEL STRESSED?

"My child is kicking other children! He is going to be expelled from school!"

"I am sad and exhausted all the time."

"I am afraid for myself and my children. Someone is going to get hurt."

"My child doesn't listen!"

## WHO IS ELIGIBLE?

- **Pregnant women** or **children** from birth through five years of age.
- **Children** with very difficult behaviors or delays in their development or learning, (such as anger and fighting, risk of being expelled from childcare, sadness, or late language).
- **Families** with many stresses (such as feeling alone or hopeless, fighting in the home, drug use, homelessness, without enough money for food or rent, or involvement with the child welfare system).

There is no cost for Child First services.

Child First is available without regard to legal status.

Child First services are available in English, Spanish and other languages.

## THE GOALS OF CHILD FIRST

Our Child First Team is there to support and help you. We will work together with you and your child so that:

- Your child is happy and healthy, without behavior problems!
- Your child is learning and successful in school and in life.
- You can be a strong, kind, wise, and loving parent or caregiver.
- You do not feel stressed and overwhelmed by the past and present challenges in your life.
- Your family connects with community-based supports and services that you want and need.
- You can feel confident and focused so that you can reach your own goals for the future.