

“CHRISTMAS IS MOST TRULY  
CHRISTMAS WHEN WE CELEBRATE  
IT BY GIVING THE LIGHT OF LOVE  
TO THOSE WHO NEED IT MOST.”

RUTH CARTER STAPLETON

# DEAR FRIENDS,

WINTER 2020

COVID-19 has radically changed the way we interact with one another. It seems so long ago that we met with friends and family for parties and special occasions.

The pandemic has also changed how we communicate with you and how we celebrate Ädelbrook’s mission. Special events, and our Annual Appeals, play a crucial part in this effort. Unfortunately, this year we were forced to cancel our Spring Appeal and three signature fundraisers: Golf for Kids, Cheers for Ädelbrook, and the Saint Nicholas Breakfast. And, as a result, we lost significant revenue.

Proceeds from fundraising are vital to us in enriching the lives of the children and young adults we care for. While your generosity helps fund needed programs and services, it also provides for the extras that bring joy and happiness to our individuals this time of year.

The next six months will be an uncertain time for us all, especially for our residents and students. COVID has forced us to rely on activities that take place, on-site, to give them a sense of normalcy. Our staff has many great ideas, and have planned great special events, but we need your support to make them happen.

WITH THAT IN MIND, I AM ASKING YOU TO CONSIDER A GIFT TO THE ÄDELBROOK 2020 ANNUAL FUND. WHETHER YOUR PAST SUPPORT HAS BEEN THROUGH A DIRECT DONATION, OR THROUGH ATTENDING A SPECIAL EVENT, YOUR GENEROSITY WILL HAVE A DIRECT IMPACT ON THE LIVES OF THE MOST DESERVING PEOPLE AMONG US.

Thank you for your continuing kindness, well wishes and support. We look forward to seeing you in the New Year. Stay well!

Gratefully,



Alyssa Goduti  
President and CEO



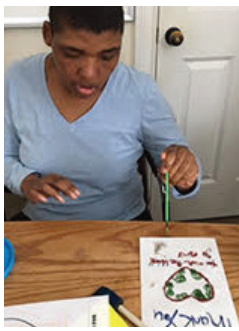
**Ädelbrook**  
BEHAVIORAL & DEVELOPMENTAL SERVICES



# CONTINUING OUR MISSION OF TRANSFORMING LIVES... ONE PERSON AT A TIME

## Living with COVID-19

Ädelbrook caregivers are vital to the health and well-being of three hundred children and young adults. They help make our mission of hope and healing live throughout our programs.



COVID-19 has changed how we care for our residents. What has not changed are our programs that provide children and young adults with a home, stability and support on a twenty-four hour basis.

Residential workers are essential employees that do not have the luxury of doing their jobs

from home. Their presence each day is critical to our individuals and has not come without personal sacrifice. They tirelessly provide care, comfort, compassion, and consistency for children that have had their lives turned upside down due to COVID-19.

*Naomi, one of our supervisors, sums it up perfectly:*

**“ÄDELBROOK IS A BIG REASON WHY OUR YOUNG PEOPLE ARE ADJUSTING SO WELL TO LIFE WITH COVID. WE ACT AS THEIR TEACHERS, MOTHERS, OR WHATEVER THEY MAY NEED AT THE TIME.**

**WE ARE THERE TO WIPE THEIR TEARS WHEN THEY HAVE NIGHTMARES, OR FACE A TRAGEDY, BUT WE ARE ALSO THERE TO CELEBRATE IN THEIR MANY SUCCESSES AND BE A PART OF THEIR JOURNEYS TO BE MORE INDEPENDENT PEOPLE.”**

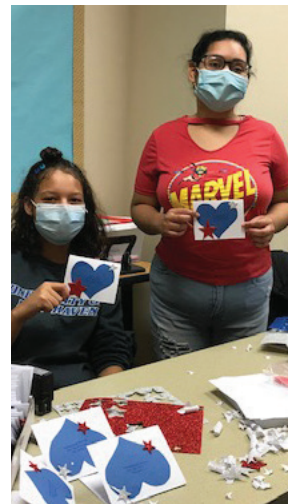
## Marisol and Rae’s Birthday Party

The girls of Portland House love to celebrate special occasions on the town. However, with COVID-19, staff had to be more creative celebrating Rae’s “Sweet 16,” and Marisol’s birthday, “at home.” The girls still enjoyed their movie themed parties and the many presents and sweets staff baked for them.



## Keeping Busy

The boys living at the Jordan & Cheshire Houses are used to being out in the community. Changes to their routine have been challenging. Staff has kept them busy, baking, making arts & crafts, playing in the gym, and when the weather is nice, playing kickball and using the playground.



## Giving Back

Giving back and supporting those in need are important lessons integrated into our programs. Our Ädelbrook Transitional Academy students partnered with Boxes-to-Boots to make cards and organize care packages for hundreds of military service members overseas.

**ÄDELBROOK BEHAVIORAL & DEVELOPMENTAL SERVICES PROVIDES HOPE AND HEALING FOR YOUNG PEOPLE AND FAMILIES IN A CHRISTIAN ENVIRONMENT.**